## SUMMER SLIM DOWN

## 1st Annual Carnicella/Kenlee Weight Loss Challenge



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Don't miss another day to start slimming down to a new you. In the last edition of the Women's Journal we talked about losing weight. So many of our readers were excited and intrigued, however, as with most weight loss systems, it can be overwhelming to actually start. It can be scary and daunting to

attempt another weight loss program when so many have failed in the past. Therefore, instead of just wishing, or talking about starting to develop a new you, we decided to help you become a new you. That's why you can't waste another minute, enter our contest now!!!

We are so excited to announce the first annual weight loss challenge hosted by The Spa at Kenlee and Carnicella and Associates. Of course weight loss goes hand in hand with a wellness spa, not just because we deal directly with weight management via our laser lipo suction, but weight issues play a role with back pain if you are carrying extra weight, and the causes of weight issues such as diets high in acid and sugar play a role with acne and skin conditions. Of course weight loss and dentistry appear to have little in common, but again, dental health and nutritional stability go hand in hand. If we can educate people on better food choices, helping with their weight, then these improved nutritional choices will have a profound impact on helping patients keep their teeth as well. We have an amazing new machine called

the Polaris. A poor diet obviously causes tooth decay, but if we can use machines like the Polaris to diagnose small, tiny cavities then we can literally fix them pain free without even needing a shot. Coming to the dentist will be so much easier!! We truly can eliminate anxiety, pain, and reduce dental costs with this type of equipment. Education on good food choices, and amazing technology like the Polaris can revolutionize dental experiences. So please if you are coming in for a new dental visit, or to discuss weight management, mention the Polaris and you will receive a free exam with your first visit!!!

So back to weight management...go to Facebook, and when you like and follow our

page, you can submit to us a before photo of the area of your body where you are hoping to lose the most weight (bathing suits are the best clothing option, and vour face can be blurred out or not even submitted) We will help you over the course of the next 2 months with workouts, nutritional counseling, cleanses, supplements, and of course laser liposuction at a drastically reduced rate. As your body improves you will need to submit new photos every 2-3 weeks. Whichever contestant has the most likes of their photos, they will win a free area of ilipo along with many other prizes. There will be additional prizes for 2nd, 3rd, and 4th, with spa and dental discounts available for all the contestants. Please visit us on Facebook for details, it is never too late to enter to win!!







Please contact us today schedule your appointment

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